

Totnes: 6.5 Miles  
 Sunday 03-Aug-2025 at 11:00  
 Organised by: Teignbridge Trotters

## Winners

| All Men [Finishers 308] |                   |                                       |                     | All Ladies [Finishers 243] |                  |                                   |                     |
|-------------------------|-------------------|---------------------------------------|---------------------|----------------------------|------------------|-----------------------------------|---------------------|
| 1                       | James BAKER       | Chichester Runners & Ac               | 00:39:22 Prize MV45 | 1                          | Rebecca EZRA-HAM | Tamar Trotters                    | 00:43:00 Prize FSen |
| 2                       | Ceri REES         | Unattached                            | 00:39:30 Prize MV50 | 2                          | Tara FERGUSON    | Windsor Slough Eton & Hounslow Ac | 00:44:20 Prize FJun |
| 3                       | Ronnie HAYNES     | Erme Valley Harriers                  | 00:39:49 Prize MV40 | 3                          | Naomi FLANAGAN   | Torbay Tri Club                   | 00:45:33 Prize FSen |
| 4                       | Daniel EVANS      | Dorking & Mole Valley Ac              | 00:40:00 Prize MSen | 4                          | Lauren KNOX      | Storm Plymouth                    | 00:46:36 Prize FSen |
| 5                       | Oliver OLDFIELD   | Tamar Trotters                        | 00:42:20 Prize MSen | 5                          | Amy JONES        | South West Road Runners           | 00:47:31 Prize FV45 |
| M Junior [Finishers 6]  |                   |                                       |                     | F Junior [Finishers 6]     |                  |                                   |                     |
| 1                       | Jonah LIFE        | North Norfolk Harriers Athletics Club | 00:47:09 Prize      | 1                          | Tara FERGUSON    | Windsor Slough Eton & Hounslow Ac | 00:44:20 Prize      |
| M V40 [Finishers 37]    |                   |                                       |                     | F V40 [Finishers 37]       |                  |                                   |                     |
| 1                       | Ronnie HAYNES     | Erme Valley Harriers                  | 00:39:49 Prize      | 1                          | Franki MATHEWS   | Unattached                        | 00:55:29 Prize      |
| 2                       | Benjamin AKYOL    | Teignbridge Trotters                  | 00:42:29 Prize      | 2                          | Alice BEVERLY    | Unattached                        | 00:56:40 Prize      |
| M V45 [Finishers 28]    |                   |                                       |                     | F V45 [Finishers 27]       |                  |                                   |                     |
| 1                       | James BAKER       | Chichester Runners & Ac               | 00:39:22 Prize      | 1                          | Amy JONES        | South West Road Runners           | 00:47:31 Prize      |
| 2                       | Jake WILLIS       | Lochaber Athletics Club               | 00:49:07 Prize      | 2                          | Maddie HORTON    | Unattached                        | 00:47:46 Prize      |
| M V50 [Finishers 41]    |                   |                                       |                     | F V50 [Finishers 31]       |                  |                                   |                     |
| 1                       | Ceri REES         | Unattached                            | 00:39:30 Prize      | 1                          | Tracey CULLERTON | Plymouth Musketeers Running Club  | 01:01:40 Prize      |
| 2                       | Roger EASTERBROOK | Teignbridge Trotters                  | 00:43:15 Prize      | 2                          | Liz BRISTOW      | Erme Valley Harriers              | 01:02:37 Prize      |
| M V55 [Finishers 42]    |                   |                                       |                     | F V55 [Finishers 24]       |                  |                                   |                     |
| 1                       | Darren FRANCIS    | Unattached                            | 00:45:37 Prize      | 1                          | Helen CHAPELL    | Erme Valley Harriers              | 00:56:30 Prize      |
| 2                       | Mark FERGUSON     | Datchet Dashers                       | 00:46:02 Prize      | 2                          | Lynne WHITFIELD  | Erme Valley Harriers              | 01:00:04 Prize      |
| M V60 [Finishers 32]    |                   |                                       |                     | F V60 [Finishers 25]       |                  |                                   |                     |
| 1                       | Graham BALE       | Plymstock Road Runners                | 00:44:28 Prize      | 1                          | Anthea BOARD     | Haldon Trail Runners              | 00:56:52 Prize      |
| 2                       | Peter MONAGHAN    | Unattached                            | 00:45:17 Prize      | 2                          | Sally SHOOLBRAID | Bovey Valley Runners              | 01:09:44 Prize      |
| M V65 [Finishers 16]    |                   |                                       |                     | F V65 [Finishers 12]       |                  |                                   |                     |
| 1                       | Hal PAWSON        | Unattached                            | 00:49:00 Prize      | 1                          | Jenny REAY       | Exmouth Harriers Aac              | 00:51:07 Prize      |
| 2                       | Hugh MARSDEN      | Exmouth Harriers Aac                  | 00:55:22 Prize      | 2                          | Sue CURRY        | Unattached                        | 01:00:42 Prize      |
| M V70+ [Finishers 17]   |                   |                                       |                     | F V70+ [Finishers 5]       |                  |                                   |                     |
| 1                       | Graham NEWTON     | Axe Valley Runners                    | 00:59:56 Prize      | 1                          | Lesley NESBITT   | Yeovil Town Rrc                   | 01:12:51 Prize      |
| 2                       | Ken SUMMERS       | Erme Valley Harriers                  | 01:00:23 Prize      | 2                          | Alison WHITE     | Exmouth Harriers Aac              | 01:15:42 Prize      |

## Team Winners

| Men                                  |                                  |              | Ladies                               |                               |              |
|--------------------------------------|----------------------------------|--------------|--------------------------------------|-------------------------------|--------------|
| Team size: 6<br>[Based on Positions] |                                  |              | Team size: 4<br>[Based on Positions] |                               |              |
| 1                                    | <b>Erme Valley Harriers A</b>    | 04:54:50 279 | 1                                    | <b>Erme Valley Harriers A</b> | 03:42:05 58  |
|                                      | Ronnie HAYNES                    | 00:39:49 3   |                                      | Jessica ASHWORTH              | 00:52:14 9   |
|                                      | Allister BRISTOW                 | 00:45:44 16  |                                      | Sophie GILVEAR                | 00:53:17 10  |
|                                      | Russell GIBSON                   | 00:49:37 41  |                                      | Helen CHAPELL                 | 00:56:30 15  |
|                                      | Adam GRIFFITHS                   | 00:50:09 46  |                                      | Lynne WHITFIELD               | 01:00:04 24  |
|                                      | Stuart WITTY                     | 00:52:25 65  |                                      |                               |              |
|                                      | John GRIFFITHS                   | 00:57:06 108 |                                      |                               |              |
| 2                                    | <b>South West Road Runners A</b> | 04:57:52 281 | 2                                    | <b>Haldon Trail Runners A</b> | 04:09:55 169 |
|                                      | Hamish FLETCHER-COONEY           | 00:42:36 8   |                                      | Anthea BOARD                  | 00:56:52 17  |
|                                      | Scott HUNTER                     | 00:49:09 38  |                                      | Alice STUCKEY                 | 01:01:58 34  |
|                                      | Samuel WEEKES                    | 00:49:16 39  |                                      | Charlotte BEASLEY             | 01:02:26 37  |
|                                      | James WOOLF                      | 00:49:39 43  |                                      | Valerie BLACKLOCK             | 01:08:39 81  |
|                                      | Nicholas EINCHCOMB               | 00:50:15 47  |                                      |                               |              |
|                                      | Mike KAY                         | 00:56:57 106 |                                      |                               |              |